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# **HIV & AIDS: Symptoms, Testing, Treatment, Risk Factors, Preventions, Nutrition, Marriage, Having Children, Legal Issues**



## Synopsis

“Although, your health condition may impact your everyday life, do not let it define who you are.”

• Understanding the cause of AIDS and the ways on how its cause is being transmitted will help a lot in the prevention of the spread of this disease. In case of infection, this book describes in details (1) how HIV affects specific cells in our body (that fights off infections and diseases), (2) the signs and symptoms that accompany such infection, and (3) ways on how testing and diagnosis (including home test kit) are being done, to be able to deal with the virus infection early and be able to manage your immune health by suppressing the amount of virus in your body. People infected with HIV can now lead longer and healthier lives. There are also cases when the person infected with HIV is also pregnant. This book will tell us how to deal with the infection and prevent transmission of the virus to your baby. Many questions relating to HIV and pregnancy are discussed inside the text. Moreover, risk factors associated with the spread of HIV are the same for everyone, but some gender groups are far more affected than others. Find out more about these risk factors and the guidelines on prevention in addressing the spread of the virus among gender groups. In addition, research on vaccines and microbicides are on the way to help fight HIV infections in around the globe. There are challenges, but through concerted effort, progress and success may be in reach in the future. However, treatment by Antiretroviral Therapy is available in fighting the virus as well as the options to make it affordable through the Affordable Care Act. Finally, other issues like nutrition and food safety, marriage and dating while you are infected with HIV, about having children, and legal issues in relation to discrimination as well as employment are included to give you more information on how you are going to act and live your life better even when you have the infection. Thanks and may you have a good understanding about the different aspects of HIV and AIDS, especially the early signs and symptoms so you will have an idea if you are infected with the virus or not. You may want to share this book with your family and friends so they too will understand more about this health issue and the ways to prevent them from getting infected. Take care, and as always, be well!

## Book Information

File Size: 1535 KB

Print Length: 103 pages

Publication Date: February 26, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00IOB7UJ6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #531,726 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23

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## Customer Reviews

Like this book, as am armchair expert in HIV, had it since 79 diagnosed in 83. Widely read in the field and personally know many of the original experts. One minor problem is a lot of repeat info. This a great first book, a book for teens, or children old enough to understand. Good book to give to someone if you have HIV it explains the basics, and will save you tons of time explaining things. Think every 11th or 12th grade person should read this book. HIV has been around for a very long time maybe 40,000 yrs as SIV. that is the virus in chimps. SIV is almost the same as HIV-2, rare so far in the USA but in Africa more common. people as far back as the mid 1800 had HIV, namely a sailor who went to Africa and returned to England. The style of the book could flow a little better. Some of the advanced things, are not explained well enough, and might take people a reread or two to get it. Very glad somebody did a basic HIV/AIDS book. If every teen in the USA read this book, it would reduce the new infection rate. age 13-24 is the window for most of the new infections. If you think your son is gay, buy the book and ask him to read it, and read it yourself. Every parent needs to have the safe sex talk. Black parents, must read this book. Black gay men are at the highest risk, followed by gay men. Black people are at very high risk, most likely to to cultural problems, poverty, high IV drug use, and cultural problems with gay children. Native American, and Hispanic gay men are at very high risk. Buy this book, read it. We have over a millions people living with HIV, 200,000 or more do not know it yet. All Adults should be tested. remember the live you save might be your own or someone you love. People need to get tested, and if positive get treated. The rare of HIV is not going down, it is going up.

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